



Longboat 2023 Awards

Member of the Year

Steve Metzger

New Member of the Year

Jonathan Karpetz

Runner of the Year

Pa Sheehan

Marathoner of the Year

Mikael Sjödin

Most Improved Runner of the Year

Sadie Werner

Kevin Hayes Road Warrior Award

Allen Groome

Jim Rawling

Lily Wu

Bob Nagle Special Achievement Award

Nancy Wells

Longboat Hall of Fame 2023 Inductee(s)

Jean Doench

Mike Bedley

2023 Cross Country Champions

Jon Karpetz

Erin Merkeley

40 Year Stained Glass Feather

n/a

25 Year Gold Membership Pin

n/a

10 Year Silver Membership Pin

Andrew Brownbill, Laura Lipcsei, Jean-Emile Paraiso, Heidi Mok

5 Year Bronze Membership Pin

Geneva Calder, Christina Ding, Ian Ramsay

WMA Winners*

- 1) Nancy Wells, 2) Sue Stone, 3) Miyuki Goto, 4) Diane Marrow, 5) Bob Gazzale,
- 6) Pa Sheehan, 7) Brian Eley, 8) Erin Merkley, 9) Mary Liu, 10) Sadie Werner,
- 11) Gar Concannon, 12) Dan Moriarity, 13) Jon Karpetz, 14) Jim Rawling, 15) Mikael Sjodin,
- 16) Heidi Mok, 17) Richard Bailey, 18) Lily Wu, 19) Claire Prest, 20) Juliana Tobon

*Non-gender specific as of 2032