

Longboat Members Meeting
Wednesday, June 21, 2017, 8 pm.
Minutes

Executive Present (alphabetically by position)

- 1 Coaching Co-ordinator: Laura McLean
- 2 Communications Co-ordinator: Michael Moran
- 3 Past President: Roger Moss
- 4 President: Rob Hanks
- 5 Race Co-ordinator: Bert de Vries
- 6 Secretary: John MacMillan
- 7 Social Co-ordinator: Stephen Word (absent)
- 8 Treasurer: Bill Prest
- 9 Vice President: Trevor Kobe

- 1) Call to Order and Determination of Quorum (25 members). 28 present.
- 2) Motion to approve Agenda.
- 3) Motion to approve the Minutes of the last members meeting on March 17, 2017. Passed unanimously.
- 4) Executive Reports and Questions

Coaching Coordinator's Report (Laura M)

- Answered emails from prospective club members and assigned coaching to newly coached members.
- Organized track days with U of T for June 18th - a great success and July 9th.
- Attended Run Ajax season opener on behalf of the club.
- Extended invite and maintained communications with Run Ajax, Beaches and UTTC for our track dates.
- In contact with Kate Van Buskirk for a possible strength training program in the fall. As an elite athlete, coach and personal trainer, Kate will be a good influence on what runners need for strength and is able to generate a program that can be done with limited time, resources, on a budget and when traveling. Along with the speaker at the NMB, I believe hiring Canadian elite athletes for seminars is good for the club position within in the community and to put our coaching resources to support our athletes.
- Wrote and administered the coaching survey, spoke with many members of the club on what they want as far as Coaching and a training schedule.
- Researching a new chronomix for timing club events.
- Requested to shadow the course measurement team for the island race to gain experience in race course management.

Communications Coordinator's Report (Michael)

800 Instagram followers.

Past President's Report (Roger)

- Updating Flying Feathers.

President's Report (Rob Hanks)

Club Runs:

- Ran in the New Member's Relay.
- Ran in the Ragnar Relay. Longboat's team came in second overall out of 209 teams. We were the fastest team from Toronto.
- Attended Longboat track session as volunteer (June 18). It included guest runners from UTTC and the Runners Shop, which is good for the club.

Race Planning:

- Attended all Island Race Committee meetings
- worked on course recertification for the Island Run (with Peter Pimm, Bill and Bob N.), but final measurement delayed because of flooding
- With regard to Island flooding, I have taken the following steps: traveled to the island for two personal inspection tours; found and disseminated the US Army Corps of Engineers report on project lake levels; sent a letter to the club arguing for cautious optimism; removed unnecessarily negative posts about the situation from our Facebook page. On May 28, Nicole and I were both interviewed about the flooding situation. As a result, the club got some exposure on both the English and French CBC evening TV news.
- Regarding the flooding, I am cautiously optimistic and the Shuffle and very optimistic about the Island Run. Both courses about 95% dry as of today. I will be away on vacation from late June to mid July. If emergency decisions regarding the races need to be made in my absence, there will be a joint meeting of the Race Committee and the Executive.

Communications:

- Announced some race results.
- Consulted with Jojo about Longboat poster for Settlement lobby. The project is moving along. May be ready this fall.
- Edited the Longboat Hall of Fame entries. The Hall of Fame window has been moved to a more prominent position on club's website so that is it suitably prominent (There is no point in having a Hall of Fame if it is hidden). The HoF entries for Bert and Timo have been completed and posted.
- Liaised between Dan Robson of Sportsnet and Will Winnie (Tom's great grandson) for a story on Tom for Tom Longboat Day (Thanks to Mike Moran for forwarding this request to me). Altogether, there were half a dozen good stories about Tom in the media to mark Tom Longboat Day.

Race Coordinator's Report (Bert)

- Hosted and chaired all the Race Committee meetings this year (monthly).

- Helped organize and officiate the first Longboat Track Day.
- Kept Longboat Road & Track Records up to date
- Found race results by members and sent them to Richard Bailey for posting on Facebook.
- Calculated the WMA scores for all races run by Longboat members; maintained a separate page for each member recording their times & scores
- Kept the WMA standings up to date and periodically sent them to Richard for posting.
- Wrote an article on Ed Whitlock for the newsletter.
- Wrote the Bio for Timo Uuksulainen on the Hall of Fame page.
- Water levels receding rapidly in the Toronto Islands, increasing the likelihood both races will proceed as usual.

Secretary's Report (John)

Our current membership is 142 (144 this time last year).

- Kept the membership directory and the master membership database up to date.
- Welcomed new members on Facebook.
- Edited and distributed minutes of meetings.
- Took photos at the New Members Relay race and Brunch, and a video of Rachel Hannah, the guest speaker.
- Sent out various emails to the members.
- Attended all Executive Meetings and most recent Race Committee meeting.
- Volunteered for the Walk of Life fun run to raise money for the Cardiac Health Foundation of Canada.
- Volunteered as a course Marshall at the Team Unbreakable 5k run to raise money for Youth Mental Health.
- Made chocolate peanut butter pie, and brought lemonade, for the June members meeting. Bought reusable plastic cups for club events.
- Took photos at the recent club track meet at U of T (June 18), edited them, and posted them to Facebook. Provided batons from my school for the 4x800 race.

Social Coordinator's Report (Stephen)

- Organized and Raced Ragnar.
- Attended Tom Longboat Day at Six Nations.

Treasurer's Report (Bill)

- I previously sent out the financial statements as of the end of May.
- The club's application to register for the Harmonized Sales Tax (HST) is in process. The bottleneck is in the Ontario Government which is backlogged. The Ontario government has to update the names of the club's officers on its records before Canada Revenue Agency will proceed with the club's HST registration.
- I have been attending Race Committee meetings to provide the treasurer's point of view and financial information.

Vice-President's Report (Trevor)

- Attended two of the three Executive meetings (May and June).
- Joined a crew of Longboat volunteers for the Team Unbreakable 5K on June 11th.
- Participated in RAGNAR with the Longboat entry in May.
- Joined a crew of Longboat volunteers at Cardiac Walk of Life on May 27th.
- Took delivery of 2,000 temporary tattoos with Longboat logo (for members).
- Connected new members with their complimentary Longboat singlet.
- Sold Longboat paraphernalia to members (primarily T-shirts and running caps).
- Accumulated some cash for the Treasurer.
- Accompanied a Longboat contingent to a Boston Red Sox game at Fenway Park.
- Completed the Boston Marathon (heard many "go Longboat" chants).
- Attended LB's New Members Brunch – April 22nd.
- Continued to liaise with new members re: complimentary singlets.
- Continued clothing sales from Longboat Shoppe. Clothing inventory – collaborated with President to order new singlets to replenish popular sizes (Mens Medium, Womens Small).

5) Report from the 2016 Audit Committee (separate file) Andrew Brownbill

Rob Hanks thanked the members of the Audit Committee for preparing their report in a timely fashion.

Motion to adopt the Auditors Report. Passed.

6) Training Schedule

a) Results of the Coaching Survey and Questions

<https://www.surveymonkey.com/results/SM-5LB62PRP/>

b) Executive motion: BIRT the club has official runs on three days per week (Wednesday evening, Saturday morning, and Sunday morning at the two locations), but that the Coaching Coordinator and coaches have the discretion to organize supplementary training runs at other times. Approved unanimously by the executive. Note: Because this is an executive motion, it does not need to be seconded. Passed unanimously.

c) Other discussion pertaining to the training schedule

7) Other Business

George Hubbard asked how the Sunset Shuffle registrations were going. Bert deVries replied they were going slowly and added that race has a capacity of 250.

Nancy Wells seeks volunteers for the Island Run. She said that Daniel LeBlanc made up cards and she asked the members to help distribute them.

Jim Rawling asked if the Club would pay for the Ekiden teams. Rob Hanks said the Board would discuss it.

Tina DeGues spoke about the Immigration Party on July 8.

Bert DeVries requested members let him know of racing in unusual locations (e.g. Alaska, Island of Skye)

8) Motion to Adjourn at 9:00 pm.