

Longboat Members Meeting
Wednesday, March 22, 2017, 8 pm.
Proposed Minutes

Executive Present (alphabetically by position)

- 1 Coaching Co-ordinator: Laura McLean
- 2 Communications Co-ordinator: Michael Moran
- 3 Past President: Roger Moss (absent)
- 4 President: Rob Hanks
- 5 Race Co-ordinator: Bert de Vries
- 6 Secretary: John MacMillan
- 7 Social Co-ordinator: Stephen Word
- 8 Treasurer: Bill Prest
- 9 Vice President: Trevor Kobe

- 1) Call to Order and Determination of Quorum (25 members). 26 present.
- 2) Motion to approve Agenda. Passed.
- 3) Motion to approve the Minutes of the last members meeting (September 28, 2016) and the AGM. Passed.
- 4) Executive Reports.

Coaching Coordinator's Report (Laura)

- Organized Rachel Hannah as speaker for new members brunch.
- Organized a Longboat women's meet and greet and run.
- Organized successful March 4 km time trial and measured course.
- Booked U of T on the mornings of June 18 and July 19 for track days.
- Continued effort in assigning appropriate fits between coaches and athletes to create training groups.
- Attended coaching and executive meetings.
- Led Thursday night workouts.
- Planned and posted Sunday long runs.

Communications Coordinator's Report (Michael)

- Attended Race Committee meetings to fulfil my role as the Captain of the Medical / Emergency response teams for the Island Run and the Sunset Shuffle.
- Requested funds for a dedicated Medical/First Aid tent for the Island Run, researched the tent and received approval for purchase.
- Fielded e-mails that came through the Comms e-mail account, typically from races and potential new members.
- Continued posting and engaging with others on our team Instagram, which now has 714 followers, approximately twice what we had when I assumed responsibility for the account.
- Continued posting on our team Twitter account.
- Requested articles for an upcoming issue of Wildfire.
- Moped and whined about not being able to run.
- Developed coed team for Ragnar.

Past President's Report (Roger)

My report is really only about the flying feathers which have been updated to Thursday's time trial. I have forwarded results to Richard to update on website.

President's Report (Rob Hanks)

- Attended executive meetings, race committee meetings and the coaches' meeting about the new weekly run schedule.
- Put together the "Fireman's Calendar" at the Gala with the help of Jojo, Stephen, Gregoire and John M.
- Liaised with Bill Allen, the Race Director for Robbie Burns. He has promised that Longboaters who missed the race due to injury or illness in 2017 will get free entries in 2018, but he asked me to remind him in September. So if you are one of these people, please remind me to remind him when that time comes.
- Corresponded with Jeff Enfield, Lynn and Laura about the free Enfield time trial for Longboat and the Runners' Shop.
- Corresponded with CRS to put together a strategic plan for Longboat volunteers at CRS races for all of 2017. CRS is interested in this, but is working on the details.
- Sent proceeds of Gala auction to Krista Duchene and Reid Coolsaet (\$200 each). Both expressed thanks. The former will use her share to help fund her trip to Kenya, while the latter has expressed interest in doing the Island Race this year. I am still trying to contact Lanni Marchant, who was away in Africa and other places.
- Coordinated bib pickup for the Chilly Half and Frosty 5k.
- Delivered our annual \$3,000 donation to University Settlement House. Settlement has invited us to put up a Longboat sign in the lobby and to establish a presence/link on their webpage. With the approval of the executive, I have composed a draft message for the sign and have asked Jojo to come up with a design for the Longboat sign. Should go up by the end of the year.
- Coordinated Longboat volunteers for the Achilles 5k.
- Our ATB numbers will be down because many club members are doing Boston. Of those running ATB, many are planning to drive. In consultation with the executive, I decided that we had insufficient numbers to justify booking the Magic Bus (about \$700). Instead, the club will be carpooling to Hamilton. I regret doing this, but I believe that it's the right call for 2017.

With regard to the passing of Ed Whitlock, I did the following:

- Composed a message of condolence to the funeral website on behalf of the club.
- Donated \$200.00 to the Milton Regional Hospital on behalf of the club in lieu of funeral flowers (per the family's request).
- Sent a message to CRS suggesting that a statue of Ed be built near the finish line of the Scotia races. If a statue or similar memorial is built in honour of Ed, we should be prepared to support it.
- Sent a letter to the Bata Shoe Museum suggesting that they approach the Whitlock family at a suitable time to ask for a donation of Ed's shoes (as yet, Bata has not responded).
- Proposed to the Executive that we have a commemorative issue of our newsletter the Wildfire in honour of Ed.

Race Coordinator's Report (Bert)

- Oversees Island and Sunset Shuffle Races.
- Holds meetings at his house.

Island Race

- Sabrina Young is our Communications, Advertising, Registration and general paperwork director for the Island Race.

- A Race-Week director (Site Coordinator) for the physical details of Race Day has yet to be found. Big job! \$2,000 honorarium. Works with captains who manage crews.
- The permits and insurance for the Island Race are in place.
- Registration has begun.
- Nancy Wells and I will be discussing a revision of the list of Race-Day captains this Thursday (March 23).
- We are on the verge of choosing a design, done for us by Heidi Mok, for the Island Race T-shirt.
- Interested members are welcome to attend race meetings at Bert's place.
- Everyone has a responsibility to help out a condition of membership.

Sunset Shuffle

- George Hubbard is our Shuffle Race Director.
- The new date for the Shuffle is Thursday, Aug. 10, a week earlier than traditionally scheduled.
- The necessary permits are in place, and we have re-engaged Enfield Timing as our Timer.
- Registration will begin in early April.

Secretary's Report (John)

Our current membership is 137 (12 more than this time last year), of which 15 are new members.

- Kept the membership directory and the master membership database up to date.
- Produced and shared via Facebook, various statistics about the membership over the years such as a breakdown by gender.
- Welcomed new members on Facebook.
- Edited and distributed minutes of meetings.
- Sent out various emails to the members.
- Attended all Executive Meetings.
- Made chocolate chip cookies for the members meeting tonight.

Social Coordinator's Report (Stephen)

- Worked with Laura Lipcsei on the Longboat Awards Gala.
- Handled the Evite for the Robbie Burns Bus.
- Worked with Sandra on the Longboat Cross Country Ski Day.
- Worked with George on the upcoming Yoga for Runners Workshop.
- Secured Brazen Head for the New Members' Brunch on April 22.
- Attended all Executive Meetings and one Race Meeting.
- Thinking about holding a picnic on the Island.

Treasurer's Report (Bill)

See item 6.

Vice-President's Report (Trevor)

- Attended each of the three monthly executive meetings (Jan/Feb/Mar).
- Assumed responsibility for the clothing inventory in the Longboat Shoppe.
- Became the contact point for new Longboat members with respect to obtaining their complimentary Longboat singlet..
- United seven new members with their singlet (approx. 50% of 2017 new members).
- Drafted a welcome letter to be used as a resource for new members when finalized it will be included with the complimentary singlet.
- Made a few clothing sales to existing members.
- Contracted the bus to Burlington for the Robbie Burns 8K race (there were approx. 30 riders on a 48 seat bus).

- Suggested we organize a bus to Burlington for the Chilly Half Marathon; after a survey, the club executive did not proceed with this option (insufficient interest).
- Actively reviewed the minutes of Island Race Committee meetings.
- Participated in 2017 budget process.
- Organized the bus to Hamilton for ATB then cancelled it after Executive decision stemming from insufficient ridership.
- Committed to run for Longboat's 2017 RAGNAR entry and committed to assist with Mike Moran with planning/management of Longboat's entry.

5) Selection of Disciplinary Committee

- According to constitutional clause 24-1, FIVE members of the club (excluding the Executive) shall be elected to the Disciplinary Committee at the first Members' Meeting of the year.
- Motion to accept Steve Blackburn, Tory Hoff, Nancy Wells, Claire Prest, Jim Rawling. Passed.

6) Presentation of 2016 Financial Report by William Prest

- The club had a deficit for the year of \$5223 because of increased Island Race expenses, discounts on clothing sales, purchases of new clothing, write down of equipment value (previously overstated) and 2015 coaching expenses not accounted for in 2015.
- Additional expenses for Sunset Shuffle include a road permit.
- The GST implementation is delayed by red tape, such as needing to submit the names of the new executive officers to the appropriate government department.
- The value of clothing and equipment is based on the cost when purchased (not replacement cost).

Motion to receive the Financial Report. Passed.

Rob requested the Audit Committee to report in June.

7) Discussion of club training/run schedule.

- Timo said the athletes attending the Thursday workout are primarily his own.
- Bob Gazelle and Laura Lipcsei prefer the main workout on Wednesday.
- Rob said it's hard for those with families to attend two consecutive evening workouts. He tends to miss the Wednesday run as a consequence.
- Juliana finds High Park less accessible than University Settlement House.
- George Hubbard suggested a survey of coached athletes. He noted that Wednesday workouts have taken place for 18 years.
- Mike Moran finds Thursday nights more convenient and gives him more time to recover for the Sunday long run. It's made a significant difference for him.
- Gerardo also finds it hard to run hard on Friday nights and then a long run on Sunday mornings.
- Timo said Sunday races also make it hard to do a speed workout on Fridays. Tues and Thurs historically were fast workouts and Wednesdays a social run.

8) Other Business

George Hubbard requested the club make a donation in memory of recently deceased long time member Beth Wearing. He offered to get a card and have members sign it on Saturday. Rob Hanks authorized \$50 towards a card and donation.

9) Announcements

None.

10) Motion to Adjourn at 9:03 pm.