

Longboat 2013 Awards

Runner of the Year

Men
Iain Kyle Fraser

Women
Christine Loch

Marathoner of the Year

Men
Roger Moss

Women
Laura McLean

Most Improved Runner of the Year

Men
Bob Gazzale

Women
Laura Lipcsei

Kevin Hayes Road Warrior Award

Men
Richard Bailey

Women
Val Alston & Lynn Bourque

New Member of the Year

Men
Bob Gazzale

Women
Michelle Clarke

Member of the Year

Men
Gregoire Bonhomme

Women
Gina Wong

Special Achievement Award

Steve Metzger

Cross Country Champions

Men

Mike Park

Women

Megan Lewis-Schneider

WMA Winners

Men

Roger Moss
Richard Bailey
John MacMillan
Cole Czuchnicki
Chris Newton
Iain Kyle Fraser
George Hubbard

Women

Nancy Wells
Anne Byrne
Christine Loch
Lynn Bourque
Laura Lipcsei
Michelle Clarke
Dana Ferguson

Flying Feather Winners

Men

Iain Kyle Fraser
Cole Czuchnicki
Roger Moss
Mike Park
Gerardo Reyes
Galan Yousuf
Steve Metzger

Women

Laura McLean
Melinda Campbell
Anne Byrne
Dana Ferguson
Gina Wong
Laura Lipcsei
Lynn Bourque