

# Longboat 2013 Awards

## Runner of the Year

**Men**  
Iain Kyle Fraser

**Women**  
Christine Loch

## Marathoner of the Year

**Men**  
Roger Moss

**Women**  
Laura McLean

## Most Improved Runner of the Year

**Men**  
Bob Gazzale

**Women**  
Laura Lipcsei

## Kevin Hayes Road Warrior Award

**Men**  
Richard Bailey

**Women**  
Lynn Bourque

## New Member of the Year

**Men**  
Bob Gazzale

**Women**  
Michelle Clarke

## Member of the Year

**Men**  
Gregoire Bonhomme

**Women**  
Gina Wong

## Special Achievement Award

Steve Metzger

## **Cross Country Champions**

### **Men**

Mike Park

### **Women**

Megan Lewis-Schneider

## **WMA Winners**

### **Men**

Roger Moss  
Richard Bailey  
John MacMillan  
Cole Czuchnicki  
Chris Newton  
Iain Kyle Fraser  
George Hubbard

### **Women**

Nancy Wells  
Anne Byrne  
Christine Loch  
Lynn Bourque  
Laura Lipcsei  
Michelle Clarke  
Dana Ferguson

## **Flying Feather Winners**

### **Men**

Iain Kyle Fraser  
Cole Czuchnicki  
Roger Moss  
Mike Park  
Gerardo Reyes  
Galan Yousuf  
Steve Metzger

### **Women**

Laura McLean  
Melinda Campbell  
Anne Byrne  
Dana Ferguson  
Gina Wong  
Laura Lipcsei  
Lynn Bourque